

## *HOW TO DETERMINE BRA SIZE*

Did you know that three out of four women do not wear the bra that fits them? However, a good size and well-fitting bra is the key to be comfortable and have a fantastic look.

As your body changes over time, we suggest that you take your measurements at least once a year.

Make sure that the tape measure is not too tight, but it relies on your body.

To reduce the risks of error, it is always better that someone else take your measurements.

Remember that these are only benchmarks, because the size of bras varies a brand and model to another.

### STEPS

1 - Measure your chest



Measure the circumference of our cage chest (30, 32, 34, 36, etc.) by placing the tape measure just under our breasts; If the result is odd, add 1 inch.

2 - Measure your cup size



Measure the most generous part of our chest, but do not tighten. This measure our chest is subtracted. The gap between the two shows us what bonnet choose: 1½-inch matches a bonnet AA, 1 inch to an A cup, 2 inches to a B Cup, 3 inches to a C Cup, 4 inch to a D-Cup, 5 inches to Cup a DD or E, 6 inches to Cup a DDD or F, etc...

This method can serve as a guide, but it is not infallible, since it does not take account of the diversity of models.

